**KNOXVILLE FOOTBALL CLUB**

**PROCEDURES FOR TEAM SOCCER TRAINING COMMENCING MAY 26, 2020 UNTIL FURTHER NOTICE**

The procedures listed below apply to in-person soccer training for Knoxville Football Club teams and youth academy. Before commencing training, each coach must confirm that he or she has reviewed these procedures and confirm that he or she will abide by these procedures during training. Each parent will be sent these procedures prior to training. Before training commences, each coach should review with the coach’s team those procedures listed below that apply to the players. If a player is unwilling or unable to comply with any procedure, then the player will not be able to remain at practice, and the coach should ask the player to leave the field. The procedures do not apply to goalkeeping training; special procedures will be developed for goalkeeping training.

**GENERAL PROCEDURES FOR COACHES**

* Each team should have adequate practice space so that players can observe social distancing, being at least six feet apart during training. If a team does not have adequate practice space to provide for social distancing upon arriving at the field, the coach should contact Fabio Suarez or John Giles immediately about making alternate arrangements. Training areas among teams should be separated by a minimum of 30 feet to prevent the unintentional contact among groups.
* All players and coaches shall enter the field at one location and leave the field at a different exit location so that players and coaches are able to distance themselves as they arrive at and leave the field.
* Training groups should not include any players but members of the team that is training. In no event shall any training group exceed the coaches who are training plus 20 players to preserve field space.
* Coaches should wear face masks during training to the fullest extent possible. If a coach needs to remove a face mask to provide instruction, the coach should provide adequate social distancing from all players (i.e. at least six feet).
* Players will be required to have a bottle of hand sanitizer to use before practice, during water breaks and after training.
* Coaches should only handle their own ball, not balls belonging to players, other than with feet (i.e. no touching of balls by hand). Coaches should not allow players to handle equipment, such as cones, and should not use scrimmage vests.
* Coaches always should (i) practice proper hygiene by washing hands before and after practice, (ii) not attend practice if not feeling well and/or if the coach has a temperature and (iii) use hand sanitizer frequently during practice.
* No contact games or scrimmaging will be allowed at practice. Only non-contact training is permitted.
* Allow players to have water breaks in a manner that not all players are taking a break at the same time to promote social distancing.
* Make sure players and parents understand that players are not required to come to practice (and that their playing time will not be affected due to nonattendance) until further notice.
* No more than 30 persons, including coaches, should be on a field for any practice in order to promote social distancing (and in the case of the fields at Farragut, to comply with Farragut’s rules). For smaller fields, the Director of Coaching may provide for a smaller number.
* Coaches should take attendance at practice so that, in the hopefully unlikely event that a player or coach is diagnosed with coronavirus, other players and coaches who attended the same practice can be notified. The Town of Farragut requires taking attendance as a condition for field use.

**GENERAL PROCEDURES FOR PLAYERS**

* Players should wash their hands before and after practice. During practice, players should regularly use hand sanitizer. **Every player should bring to practice hand sanitizer and sanitizing wipes (to wipe the player’s ball).**
* Players should inform their parents if they are not feeling well before practice and, in such case, should not attend practice. Players should inform their coach if they are not feeling well during practice and, in such case, leave the field of play and socially distance until able to leave the venue with a parent.
* At all times during practice, including breaks, players should socially distance themselves from other players and coaches by at least six feet.
* Players should only handle their own ball with their hands, but players may use their feet to touch other balls. No heading is allowed during training other than with the player’s own ball.
* Players should not share water bottles, and players should not greet each other with handshakes, “high fives” or similar greetings.
* Players should not spit during practice. Players should always sneeze or cough into an elbow.
* Players should not enter the field until their assigned practice time.

**GENERAL PROCEDURES FOR PARENTS**

* Parents should check their players’ temperatures before leaving home for the practice location. If a player has a temperature reading of 100 degrees Fahrenheit or higher, then the player should not come to practice. Parents should not allow their player to attend practice if the player is a high risk individual or if the player or anyone in the player’s immediate family has had contact with a person infected with coronavirus or who is displaying coronavirus symptoms.
* Parents should drop their player near the field and observe from the parent’s vehicle that the player has safely arrived at the practice location. During practice, parents should either leave the field location, remain in the car, or disperse sufficiently to observe social distancing requirements. No parents or other family members will be allowed on the practice field.
* At most practice locations, restrooms are not under the Club’s control and may be closed. At Club-controlled locations with portable toilets, the portable toilets will be closed. Players should use the restroom before coming to training to avoid having to go during training time. Should anyone use the restroom during training, they are required to wash their hands prior to returning to the field.
* Parents should review the procedures for players, particularly younger players, before practice to make sure the players understand the procedures.
* **Parents should make sure your players bring hand sanitizer and disinfectant wipes to practice.**
* **Parents should convey to their players that practice is not mandatory until further notice and that their playing time and ability to stay on a team after tryouts will not be affected if a player’s family does not feel comfortable with the player attending practice.**
* Any spectator at practice should not spit, chew tobacco, chew sunflower seed or take similar actions that could spread germs.